



The Rebel Yell



June 2018 🐾 "Celebrating Our 60th Anniversary as a Dive Club!"

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To contact a member of the board, please visit our website at:

<http://www.divingrebels.org/>

or send an email with your question(s) and/or comments to:

info@divingrebels.org



We are on the web in multiple locations: Click on an image to go to the site!



MEMBERSHIP MEETING

Wednesday – June 6, 2018

J. Gilligans, 400 E. Abrams St. Arlington, TX 76010

6:30 pm Social 7:15 pm Meeting

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June Meeting Program

David Prichard will join us on June 6 to discuss how natural and external light (flashlights, strobes, and lighting systems) can improve what both the diver and the camera "see" in the underwater world. He will discuss what kind of lights work best for various diving environments and look at the lighting techniques for underwater photographers and videographers, including constant lighting, to best capture images in different underwater scenarios.

Upcoming Events Calendar

- Jun 15 Restaurant of the Month: Los Vacqueros Restaurant
- Jun 20 Board of Directors Meeting: 7:00 pm, Ted E's Kitchen, Bedford
- Jun 23–24 Midyear 60th Anniversary Outing: Possum Kingdom Lake at Inland Divers
- Jul 21–22 Lake Hawkins Outing
- Aug 18–19 Clear Springs Outing

July Membership Meeting Date Change

Due to the fact that July 4 happens to fall on the first Wednesday of the month this year, the Diving Rebels Scuba Club will postpone its July membership meeting until **Wednesday, July 11.**

See you at J. Gilligan's on July 11!!

Congratulations to Penny Johnson . . .

Here's a Diving Rebels "Way to Go!" shout-out to **Penny Johnson**, who's had a very active diving year! Penny has completed the following certifications:

Advanced Open Water	Nitrox
Underwater Naturalist	Night Diving
Boat Diving	Wreck Diving
Underwater Navigation	Search and Rescue

Good job, Penny!!

Welcome to Our Visitors!

The Diving Rebels were happy to welcome the following visitors to our May membership meeting: **Lyn Ashley** and **Christien Walters**. Thank you for visiting with us! We hope that you come again soon.

Here's also a Diving Rebels welcome to the newest members of the club—**Aaron Walters**, **Dale Davis**, **Kari-Ann Melendez**, and **Joe Cantu**. We hope to see you at future Diving Rebels membership meetings and outings. Here's to some great diving together!!

Birthdays



Jun 11 Jay Delmar

Anniversaries



Jun 05 Roger and Terrie Lee
Jun 06 Steve Herman and Ellen
Fourton
Jun 14 Jay and Rita Delmar

Did we miss/make an error with your special date? If so, it's either not included or incorrect in our database.

Contact **Vice President Dale Romack** to update/correct your information!

Time for the Midyear Outing!!

Make your plans now to join your fellow Diving Rebels at Inland Divers at Possum Kingdom Lake for our annual Midyear Outing on June 23–24.

We'll do some diving, hang out with good friends, and enjoy some good food provided by the club. Don't miss out on the fun!

See you at the lake!!

DRLXYRS

And the winner is . . . Penny Johnson!

Those attending the Diving Rebels' May membership meeting learned that **Penny Johnson** submitted the winning entry for our 60th Anniversary T-shirt contest and were able to order their shirts. If you missed the meeting, the design is pictured at the right.

Regrettably, we had to order these T-shirts in increments of 12, but we do have a few extras if you still want one. Please contact **Activities Director Jim Magnuson** at magnuson.tx@gmail.com or activities@divingrebels.org if you want a 60th Anniversary shirt!





President's Letter



Well, hello there!

LOL. I almost forgot the “o” in the greeting! It has been one of those days. I’m writing this on National Donut Day. I had two donuts right after I left Quest Diagnostics for lab work that required fasting. Is it coincidence that it is also National Heimlich Maneuver Day? Why is it not National Homer Simpson Day? It seems such a natural fit.

This month we are celebrating our 60th Anniversary as a dive club! The history of the Diving Rebels has been one full of exciting adventure and safe diving. Formed in 1958, the Diving Rebels Scuba Club is one of the oldest dive clubs in Texas. The organizers were a tri-county rescue and salvage team. Since the club’s start, many members have helped to give it its outstanding reputation in the diving community. Members have been publicly cited for feats of lifesaving and search and recovery work. Check out the pictures below and on the next page from back in the day!

Before I close, I would like to thank all those who have unselfishly served in various capacities to make the Diving Rebels an awesome organization for all these years. It takes time and dedication. Sometimes the dedication is in greater supply than the time. But one thing is for sure—the love of the sport is a driving factor. This all builds community, and with any community, it has its up and downs. The reward is that the ups are much greater in terms of lifelong friendships, new skills, new adventures, and new memories. Just think of all the memories and friendships that have been created over the last 60 years!

See you at the meeting on June 6 and at the Midyear on June 23!

Kevin





Lessons Learned: What If It Happened to You?

Jim Magnuson

A couple of months ago, I mentioned that I had learned many lessons in my years of diving and that I thought it likely that other club members had as well. I think a good way to share these lessons learned might be to use *The Rebel Yell* as a forum to present and discuss them. For example, “There I was at 100 feet when . . .”, that is, tell us about a problem that you or someone you know encountered, then discuss how that problem was or could be solved, and how it might have been avoided. Obviously, these discussions wouldn’t constitute dive training, and they would **NOT** be a class. They wouldn’t be intended to be authoritative but would instead be designed to remind us all that while diving is easy, struggling to get into wetsuits notwithstanding, we still have to think about what we are doing, prepare for adverse situations that might occur, and show respect for issues that might cause us harm. To get started, I suggest that you read the following scenarios, which we can briefly discuss during our June membership meeting.

Situation #1

Setup: A very experienced diver who has recently had his regulator overhauled and tested is on a dive trip to Cozumel. The diver has enjoyed three days of diving in Cozumel to depths as great as 120 feet.

Situation: On a night dive on day four, the diver is at a depth of only 30 feet when he realizes that he needs to add some air to his BC. After just a small squirt, he starts to experience increased buoyancy. The diver pulls on his inflator hose dump, but air continues to enter the BC. The diver pulls harder to try to dump air, but in just 10–15 seconds, he is ascending uncontrollably. He does flare at the surface, but the ascent was faster than desired. Fortunately, the diver doesn’t suffer any ill effects from his rapid ascent.

Cause: Two factors:

- ∞ The BC’s inflator valve sticks causing a constant addition of air to the vest.
- ∞ The hard attempt to dump air damages the wire that connects from the inflator controls through the oral inflator hose to the dump valve.

Risks: The same problem could have happened at depth. If the diver had been at 100 feet instead of 30 feet, an uncontrolled ascent could have caused an embolism or decompression sickness. There would have been a little more time to deal with the problem, of course, so that would have helped. If you had been faced with the situation, what would you have done?

Situation #2

Situation: Near 100 feet, the second stage of a diver’s regulator comes apart. The diver makes a rapid ascent to the surface but suffers no medical issues as a result. Badly shaken by the incident, however, the diver no longer dives.

Cause: Plastic regulator parts break.

Risks: Too fast an ascent can cause an embolism, and the diver in this scenario was simply lucky. Such an ascent certainly prevents a safety stop, so decompression sickness could also be a problem.

I have several other stories to tell, but I’d like to get some from my fellow Diving Rebels. You don’t have to admit to having had a problem—I can “anonymize” it, but please let’s share what we’ve learned. If you have a story to share, please contact me at magnuson.tx@gmail.com or activities@divingrebels.org.

May Restaurant of the Month Report

The Diving Rebels enjoyed a delightful and relaxing evening at the Light Catcher Winery in Fort Worth at our Restaurant of the Month (RoM) event on Friday, May 11. We shared great food, conversation, and unique entertainment provided by the owner. We had so much fun, in fact, that we were the last to leave the winery!

Also in May, we initiated a scoring system for the RoM. Please see the Scuba Tank score below for our ratings for the Light Catcher Winery.

	Scuba Tank Rank
Atmosphere	
Service	
Food Quality	
Price	
Cleanness	
Score	4.2

Restaurant of the Month & June



Where: Los Vacqueros Restaurant
Address: 2629 North Main St., Fort Worth, TX 76164
When: Friday, June 15, 7:00 pm
Web: www.losvaqueros.com/
Phone: (817) 624-1511
Email: Elizabeth Neumann at social@divingrebels.org



We'll meet at **Los Vacqueros Restaurant, 2629 North Main St., Fort Worth, TX 76164, on Friday, June 15, at 7:00 pm,** for our June RoM.*

Los Vacqueros is located in the Fort Worth Stockyards in a 1915 packinghouse that has been restored to house this well-known Tex-Mex restaurant. Los Vacqueros uses only fresh poultry, seafood, and meat, and their menu is prepared without using preservatives or MSG. Los Vacqueros' fajitas are hand-

trimmed, tenderized, and marinated without the use of enzymes. Fresh chicken stock, prepared daily in the kitchen, is used in various Los Vaqueros recipes. The restaurant uses only fresh produce, never frozen, bagged, or pre-chopped, to realize the high standards of authentic Mexican food.



Along with a variety of such traditional dishes as enchiladas, tacos, tamales, and burritos, the restaurant's specialties include the following items:



Steak Ranchera

Choice cut of ribeye (8 oz. average), char-broiled and blanketed with Monterrey Jack cheese and ranchera sauce. Served with guacamole, pico de gallo, and a cheese

enchilada with chile con carne.

Tacos al Carbon

Grilled strips of marinated tenderloin wrapped in hot flour tortillas. Garnished with chile con queso, guacamole, and pico de gallo.

Don Juan Coco Von

Delicious breast of chicken marinated in a savory wine sauce with mushrooms, bell peppers, onions, and tomatoes. Served with guacamole and pico de gallo.

Anyone who enjoys Mexican-style cuisine should find something appealing at Los Vacqueros!

Please let us know that you're planning to attend the RoM event by **5:00 pm** on **Wednesday, June 13**. Just respond by signing up for the event at the June membership meeting; by accepting your invitation to the event on the club's Facebook page (<https://www.facebook.com/groups/96073813073/>); or by contacting me at social@divingrebels.org or calling me at (817) 995-4677.



* Please always check the Diving Rebels' Facebook page or website (<http://www.divingrebels.org/>) to verify the RoM's date and location.

Elizabeth Neumann
Social Coordinator

Join the Diving Rebels for a 2018 Cruise!

The Diving Rebels' own **Penny Johnson** is setting up a Caribbean cruise package for members and guests of the Diving Rebels Scuba Club. This 7-day Western Caribbean cruise will depart from New Orleans on November 11, 2018, and return on November 18, making stops in Cozumel, Roatán, Belize, and Costa Maya. See the itinerary below for cruise details. **Note: The cruise ship, prices, and some other cruise details have been changed since the original announcement.**

Diving Rebels 2018 Cruise



Norwegian Breakaway
7 Day Western Caribbean Cruise, Nov 2018

Inside Cabin - \$659 (2 remaining) Ocean View - \$749 Balcony - \$999 (2 remaining)
All above rates are based on double occupancy. Port Charges & Taxes are \$135.45 per person. Rates and availability not guaranteed until deposit made. A \$50 deposit per person will reserve you a cruise that includes diving in three islands. Final payment not due until Aug 10, 2018.

Date	Port	Depart	Arrive
Sunday, November 11	New Orleans, LA		4:00pm
Monday, November 12	At Sea		
Tuesday, November 13	Cozumel, Mexico	8:00am	5:00pm
Wednesday, November 14	Roatan, Honduras	10:00am	6:00pm
Thursday, November 15	Harvest Caye, Belize	8:00am	5:00pm
Friday, November 16	Costa Maya, Mexico	8:00am	4:00pm
Saturday, November 17	At Sea		
Sunday, November 18	New Orleans, LA	8:00am	

Free at Sea Choices: (Choose 2)

- Ultimate Beverage Package
- 250 Minutes Internet Package
- Four Day Specialty Dining Package
- 20 Image Photo Package

Pre-Paid Service Charge (Gratuities)

- \$50 per port Shore Excursion Credit
- \$75 Onboard Credit

For more information about the cruise, trip changes, and/or to obtain a registration form, contact Penny at:

Penny Johnson, A+ Travel
 1216 Glenbury Ct., Arlington, TX 76006
 Phone: (817) 975-6106
 Home Phone (evening): (817) 422-9494
 email: dtravelinggirl@gmail.com

Midyear 60th Anniversary Outing: Possum Kingdom Lake at Inland Divers

Jeff Bennett

This year is a special time for the Diving Rebels Scuba Club, as we are celebrating our 60th anniversary as a dive club. We're one of the oldest dive clubs in Texas, and we're still going strong!

To help mark this major milestone, the Diving Rebels will hold our annual Midyear Outing on **June 23–24** at **Possum Kingdom (PK) Lake's Inland Divers** location (**3203 Redbird Rd., Graford, TX 76449**). The Inland Divers Association (<http://www.inlanddiversassociation.com/home.html>) is a dive club located at PK whose main purpose is to promote scuba diving at the lake and to help keep PK clean and beautiful. The lake itself, a reservoir on the Brazos River located primarily in Palo Pinto County, is home to the famous Hell's Gate, a sheer break in the cliffs around the lake.

Come join us at the Inland Divers site; we'll be hanging out with friends; telling stories about our favorite dive trips and dive sites; and, of course, doing some diving! The entry fee is \$10.00, but tent camping is free. The club will be providing the main dishes for Saturday's lunch and dinner, but it would help if you could bring some sides and/or other goodies to share. We'll also be having a silent auction, so if you have any dive gear or any other item that someone might like to bid on, please donate it to the cause!

For more information, please contact me at jefben304@yahoo.com. Information should also be available at the June Diving Rebels membership meeting.



Lake Hawkins Outing

Jim Magnuson

Now for something completely different—



On **July 21–22**, the Diving Rebels are going to gather at the **Lake Hawkins RV Park, 156 County Road 3455, Hawkins, TX 75765** (www.mywoodcounty.com/default.aspx?name=RVPark) for a weekend at the lake! Located on Little Sandy Creek, a tributary of the Sabine River, in Wood County four miles northwest of Hawkins, Lake Hawkins is a little north of Tyler State Park on Highway 80, but unlike Lake Tyler, Hawkins is a real lake, small enough to avoid a ton of boating but big

enough that there is some depth near the dam.

I haven't dived there for a long time, and frankly I think we are way overdue going back. In my experience, visibility has been about like what we get at Clear Springs, but, as usual with Texas lakes, it can vary based on rainfall, vegetation, and other factor. **Calvis Hawes**, one of our lifetime Members, has a lake house there, and he has recommended we give this pretty lake a return visit. By the way, if you teach scuba classes, you might want to check Lake Hawkins out as a possible training location.

Lake Hawkins RV Park features 41 RV sites and tent camping; it's a family friendly site (pets are allowed) that offers a boat ramp, sandy beach, and a pavilion. If you're going to camp, the Lake Hawkins outing would be a great time to bring out that old Airstream. And if you're not a camper, paying a day use fee (last posted as \$3.00 per person (6 years and older) allows you use of the beach area, picnic area, boat ramp, fishing pier, volleyball courts, and shower facilities.

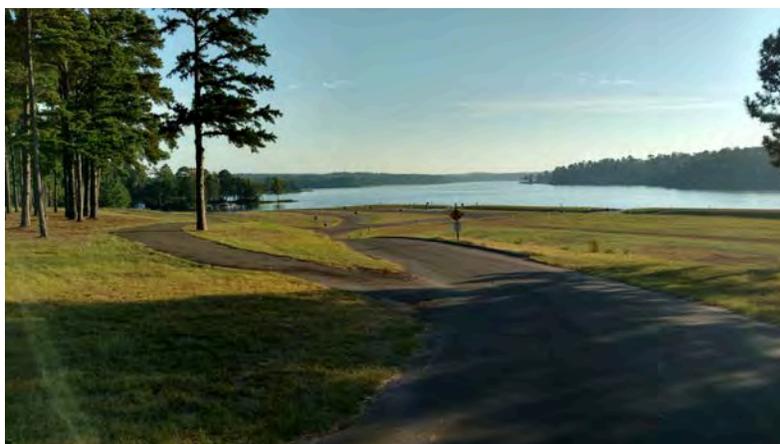
Location: Lake Hawkins RV Park, 156 County Road 3455, Hawkins, TX 75765

Web site: www.mywoodcounty.com/default.aspx?name=RVPark)

Phone number: (903) 769-4545

We've reserved shaded pad sites 15, 16, 17; we can have 5 tents per pad site: cost, \$12 per site per day.

We'll firm up details about the outing as we get closer to the date of the event and provide more information at the July membership meeting and via Facebook and *The Rebel Yell*.



Wheeler Branch Luau with the Scubadillos Report

Linda Magnuson

The Diving Rebels joined the Scubadillo Dive Club on a beautiful Saturday, May 19, for a day of fun and fellowship at Wheeler Branch reservoir in Glen Rose, TX. This event hosted by the Scubadillos Dive Club was very well attended by 30–40 people. We all enjoyed a series of fun land games and great food. And of course SCUBA DIVING!!

We made many dives in the pleasant 77° water (10 or so degrees colder if you went below the thermocline) and enjoyed Wheeler Branch's nice 10- to 15-foot visibility. Fish were varied in size and coloration and were plentiful around the submerged bus and boats and especially in their tree branch/concrete block habitats.

I so enjoyed this lake/pond/reservoir that I made not one but two dives. This statement, coming as it does from someone who had returned from blue water just a couple of weeks before and was not as thrilled with fresh water as I once was, says a lot about Wheeler Branch. (It has an easy beach entry, and if you don't feel like diving, swimming is allowed.)

We also held a silent auction featuring lots of scuba-related items, including fins, wetsuits, masks, and other useful items, and plenty of good deals were made.

Teams with creative names were assembled to play a variety of games; we played "golf," tossed and bounced balls, hit whiffle balls, and tossed horseshoes and Frisbees "tournament style," with prizes being awarded to the winners. Even though the day was warm and breezy, we all had fun cheering each other on.

After everyone worked up an appetite, it was time for food. We enjoyed delicious pulled pork, sweet potatoes, beans, various salads, and lots of fresh fruit as well as fresh banana cupcakes. Thanks to **Elizabeth Neumann** for bringing tasty appetizers and a creamy drink.

We also thank **Scubadillo President Bill Davidson** for putting on such a fun event and for inviting the Diving Rebels to participate! We hope to be invited again next year!!











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